



ST THOMAS

MAR THOMA CHURCH, NY

34 MORRIS STREET YONKERS, NY 10705

stthomasmtcn.org



March
2026

Vicar: Rev. John Philip [vicar@stthomasmtc.org*]*

Secretary: Mr. Sunil M. Varughese [secretary@stthomasmtc.org*]*

Trustees: [stmetrustees@yahoo.com*]*

NEWSLETTER VOL. XLVI NO. 3

A wooden cross stands against a sky filled with soft, white and yellowish clouds. A vibrant purple cloth is draped over the horizontal beam of the cross, with its ends hanging down. The word "Lent" is written in a large, elegant, purple cursive font in the upper right quadrant of the image.

Lent

I set my face
unto the
Lord God.

DANIEL 9:3

Parish Day Celebration



ST THOMAS MAR
THOMA CHURCH, NY

Church Parish Day

We warmly invite you to join us in celebrating our **45th Anniversary!** Come and be part of this special day filled with gratitude, worship, and fellowship.

Chief Guest: Rev. Christopher Phil Daniel

English Holy Communion Service

Collection for Anaprampal MTGHS Support

Public Meeting & Fellowship Lunch



SUNDAY
22 March, 2026



START AT
9:30 AM

Rev. John Philip
Vicar / President



34 Morris Street,
Yonkers, NY 10705

Sunil M. Varughese
Secretary



*Please come join us in this time of
celebration and fellowship!*

Worship Service Schedule

Date	Time	Worship
Sun, Mar 1	9:30 AM	<i>Praise & Worship</i> Malayalam Holy Communion Service Diocesan Sunday Guest Achen: Rev. Ashish Thomas George, Carmel Mar Thoma Church - Boston <i>Call to shoulder each other's burden;</i> <i>Third Sunday of the Lent</i>
Sun, Mar 8	9:30 AM	<i>Praise & Worship</i> English Holy Communion Service <i>Call to be inclusive;</i> <i>Fourth Sunday of the Lent</i>
Sun, Mar 15	9:30 AM	<i>Praise & Worship</i> Malayalam Holy Communion Service <i>Call to be liberative;</i> <i>Fifth Sunday of the Lent</i>
Sun, Mar 22	9:30 AM	<i>Praise & Worship</i> English Holy Communion Service Parish Day Celebration Guest Achen: Rev. Christopher Phil Daniel <i>Cross: Manifestation of Grace;</i> <i>The thirty-sixth Sunday</i>
Sun, Mar 29	9:30 AM	<i>Praise & Worship</i> Malayalam Holy Communion Service <i>Hosanna Sunday; Vaidika Seminary Day;</i> <i>Entry of the king of peace</i>

Lectionary

Date	Lesson 1	Lesson 2	Epistle	Gospel
Sun, Mar 1	2 Sam 9:1-13	Gal 6:1-10	Rom 12:9-21	Mark 2:1-12
Sun, Mar 8	Isa 56:1-8	Rev 7:9-17	Gal 3:23-29	Matt 15:21-28
Sun, Mar 15	Isa 1:12-17	Eph 6:5-9	2Cor 1:3-11	Luke 13:10-17
Sun, Mar 22	Mic 7:15-20	Rom 5:8-21	1Pet 2:17-24	Mark 10:46-52
Sun, Mar 29	Zech 9:1-12	Eph 2:11-22	Col 3:12-17	Mark 11:1-11

Vicar's Message

Dearly Beloved in Christ,

From the first signs of spring to the start of Daylight Saving Time, March is a month full of new beginnings. As we welcome the changing season, we also pause to thank God for bringing us safely through the last of the winter storms and guiding us into brighter days ahead. The month of March is blessed with the observance of Great Lent, this is the time for an introspection. I pray that it will be an opportunity for us to become more humble and identify with the sufferings of Christ. I kindly encourage you to open your homes for Lenten prayer gatherings when the weather permits. Your hospitality will be a true blessing to our parish community and a beautiful way to grow together in faith during this sacred season. I sincerely appreciate all the organization's office bearers for their timely arrangements for the Annual General Body Meeting. I pray that God grants abundant blessings and guidance throughout the New Year. God willing, our postponed Parish Day celebration will take place on March 22nd. Everyone is warmly invited to participate prayerfully.



March 6th is observed as World Women's Day of Prayer. Through this, they encourage us to take up the burdens of others, to sympathize with the problems of other countries and cultures, and pray with them. March first Sunday, we meditate upon the theme ' Call to shoulder each other's burdens ', Lenten time we should recognize the struggles of those around us—offering comfort, encouragement, and practical help wherever we can. Second Sunday, we meditate upon the theme ' Call to be inclusive ', Jesus calls us to be inclusive, reaching out to help others regardless of their color, religion, or any form of discrimination. Third Sunday we meditate upon the theme ' Call to be Liberative' during Great Lent invites us to reflect deeply on the freedom Christ offers—not just freedom from sin, but freedom from anything that enslaves the human spirit. Fourth Sunday we meditate upon 'Cross: Manifestation of grace', The Cross is not merely a symbol of pain and death, but a sign of God's unmerited grace—showing that through suffering, healing, forgiveness, and new life are made possible. March 27th we will observe as Fortieth Friday and meditate on 'Hunger to be the will of God', By embracing this hunger, we open our hearts to transformation, allowing God's grace to guide us, strengthen our spiritual disciplines. Fifth Sunday we observe as Hosanna and meditate upon 'Entry of the King of peace ', Hosanna! reminds us that true peace is not imposed by power or force, but freely offered through love, humility, and self-giving. As we cry "Hosanna," we acknowledge Jesus as the Prince of Peace who enters our hearts and lives, calling us to embrace reconciliation, mercy, and justice. I pray that, May this Lenten journey be a time of spiritual renewal, self-discipline, and compassionate care for one another, so that we may emerge strengthened in faith and committed to living the Gospel more fully. May Lord bless us all.

With Much Prayer,
Rev. John Philip

Youth Chaplain's Corner

Glory be to the Father, Son and Holy Spirit
- One True God! Amen!

Dearly Beloved in Christ,

As we move through March, our Lenten journey carries us from the third week of the Great Fast toward the solemn joy of Palm Sunday. This stretch of the season is both demanding and deeply meaningful. The initial steps of Lent are behind us, and now the Church calls us to steadfastness and deeper reflection as we draw closer to the saving events of Holy Week.

This month is a time to pause and examine the heart.

Have we fasted only outwardly, or has fasting softened our words and quieted our thoughts? Have we been faithful in prayer, even in some small ways? Does reconciliation still wait in our lives?

As March unfolds, the focus of Lent becomes more Christ and his precious passion. Our songs, Bible readings, and evening prayer meetings turn our eyes toward Jerusalem. We begin to walk more consciously with our Lord as He approaches His Passion.



There is a beauty and a sting in this journey: hope grows as we draw near to Christ's victory, yet the cost of following Him becomes clearer as we approach the Cross. This can feel heavy at times, but it is exactly here, in the tension between hope and sacrifice, that our hearts are strengthened. This is not meant to discourage us, but to steady us. If our efforts have felt uneven, this is the time to begin again with a fresh perspective.

May this month be defined by steady commitment, sincere repentance, and growing love for one another. Let us walk this path as one people, bearing one another's burdens, and preparing to rejoice together in the light of Your victory.

Prayers,
JVarghese Achen

Housekeeping

Combined Youth Fellowship Bible Study

Every Wednesday in the month of March we will be meeting at the Youth Chaplain's Parsonage at 7:30PM for prayer, worship and growth, connection, and discussion.

As this is the a fasting month very light refreshments will be provided.

Authenticity

Our first Biblical Wellness Retreat for young adults ages 21 and older, centered on the theme **Authenticity**. This retreat will take place from May 28–31, 2026, at Camp of the Woods in Speculator, NY, and will be led by Rev. Larry Varghese and Roshin Kochamma.

Parents please encourage your children to attend. Cost is \$340.

Lent Prayer Meetings

Lent Prayers will be held daily at 6:00 PM

All Families are encouraged to arrange Sandhya Namaskaram
(Lent Prayers) in their homes.

Families who wish to host prayer in your homes or would like to donate
food for prayer held at the church are kindly requested to contact
Mr. M.C. Chacko (845) 300-1762 to fix a convenient date.

Friday and Saturday services will be conducted in English.

Date	Location
Thu, Mar 5th	Mr. & Mrs. Aju Daniel 72 Middletown Rd, New City, NY
Sat, Mar 7th	Mr. & Mrs. Mayfield Eapen 71 Nimitz Rd, Yonkers, NY
Sun, Mar 8th	Mr. & Mrs. Thomas Oommen 313 Old Westbury Rd, East Meadow, NY
Sat, Mar 14th	Mr. & Mrs. Manoj T. Mathew 5 Wayne Way, White Plains, NY
Sun, Mar 15th	Mr. & Mrs. Sunil M. Varughese 24 Reginald Dr, Congers, NY
Wed, Mar 18th	Mr. & Mrs. George M. Varkey 7 Lowerre Pl, Valley Cottage, NY
Thu, Mar 19th	Mr. & Mrs. Shaji Varghese 214 Grandview Blvd, Yonkers, NY
Sun, Mar 22nd	Mr. & Mrs. Samuel K. Samuel 63 Price St, Dobbs Ferry, NY
Wed, Mar 25th	Mr. & Mrs. M.C. Chacko 8 Flint Dr, Spring Valley, NY
Thu, Mar 26th	Mr. & Mrs. Daniel P.K. Vaidyan 131 Harvard Dr, Hartsdale, NY
Fri, Mar 27th	Mr. & Mrs. Ullas P. Thannickal 231 N. Little Tor Rd, New City, NY

Sevika Sangham & Edavaka Mission

Date	Location
Every Friday 10:00 AM	Via Zoom Zoom Meeting ID: 935 0649 9316 Passcode: 703734

Senior Citizens Fellowship

Program / Location
There will be no SCF Meetings in March due to Lent prayers. <i>Please submit your membership dues for 2026.</i>

Sunday School

Program / Location
Sunday School Every Sunday after Worship Service!

Young Family Fellowship

Date	Location
TBA	To be Announced

Yuvajana Sakhyam

Date	Location
TBA	To be Announced

Youth Fellowship

Date	Location
Sat, Mar 7 4:30 PM	Danny Eapen 71 Nimitz Rd, Yonkers, NY 10710

LIGHTED TO LIGHTEN

MAR THOMA MISSION BOARD - DIOCESE OF NORTH AMERICA

INDIA MISSION TRIP 2026

July 3rd to 15th
(inclusive of travel)

The Mar Thoma Mission Board of the Diocese of North America is arranging a mission trip to various mission fields of the Mar Thoma Church in South India:

Andhra Pradesh: Hyderabad/Secunderabad, Chagalamarri
South Karnataka: Bangalore & Surrounding Areas

Step Out in Faith, Serve With Love & See the World Differently

REGISTER BY:
March 31, 2026

Youth ages 18 to 35 are encouraged to participate.

For More Information Contact India Mission Sub Committee Members:
Mrs. Thankam Vinu George (Convener)
Phone: +1 781-866-1673 | Email: georgevinu2000@gmail.com

Team Leaders:
Mrs. Valsamma Mathew (USA) Phone: +1 215-519-0127 Email: valsa008@gmail.com
Dr. Varghese Manaloor (Canada) Phone: +1 780-781-9984 Email: ushavar@hotmail.com

Participants should plan to travel from the USA/Canada by July 3rd and arrive in Hyderabad on July 5th. Final departure will be from Bangalore on July 15th.

Scan for Registration Form

Bible Quiz Answers

Joshua 18-24

- | | |
|--|---------------------------------|
| 1. A Witness Between Us- that the Lord is God (אֱלֹהִים) (22:34) | 6. Naphtali (19:32) |
| 2. Forty eight (21:41) | 7. Kadesh in Galilee (20:7) |
| 3. With in the territory of Judah (19:9) | 8. Hundred and ten (24:29) |
| 4. Gad, Reuben and the half tribe of Manasseh (18:7) | 9. Leshem (19:47) |
| 5. Timnath Serah in the hill country of Ephraim (19:50) | 10. Hill country of Seir (24:4) |

Bible Quiz Winners

- | | |
|---------------------|------------------------------|
| 1. Sosamma Varghese | 6. Sosamma Abraham (Yonkers) |
| 2. Annamma Mathew | 7. Susan John |
| 3. Sherly Vaidyan | 8. Saramma Thankachan |
| 4. Mariamma Thomas | 9. Mercy Rajan |
| 5. Josen Joseph | |

Obituary

Very Rev. K.Y. Jacob (66), our former Vicar and Diocesan Secretary went to be with our Lord on Sunday, February 1, 2026. Funeral Services were held at the Kottarakara Jubilee Mandiram Chapel on February 4th. We praise God for the life and faithful ministry of Achen, remembering with gratitude his deep commitment, humility, and servitude to the Church. His legacy of dedication continues to inspire our parish and the wider Mar Thoma community.

Mrs. Annamma John (78), sister-in-law of our member Mr. P.C. George (sister of Late Mrs. Raichel George) residing at 55 Patton Dr, Yonkers, NY, went to be with the Lord on February 13, 2026 in Kerala, India. Funeral services were held on Sunday, February 15, 2026 at the Martha Mariam Orthodox Church, Mannar, Tiruvalla. The Late Mrs. Annamma John is also the Aunt of our members, Mrs. Sherly Thomas, Mrs. Shyla Varghese, Mrs. Shyni Joseph, and Mr. Sherry George.

Mr K. Thomas (97), brother of our member Mr. T.P. Jacob residing at 1 Duke Dr, Manhasset Hills, NY, went to be with the Lord on February 23, 2026 in Florida. Funeral services will be held on Saturday, February 28th in Florida. The Late Mr. K. Thomas is also the uncle of our members, Mr. Jayson Jacob, Mr. Justin Jacob, and Mrs. Gina Varughese.

On behalf of the Parish, we extend our deepest condolences and prayers to the bereaving families. May the peace of Christ provide strength and comfort during this difficult time.

*“The Lord is near to the brokenhearted and saves the crushed in spirit.”
Psalm 34:18*

Bible Quiz

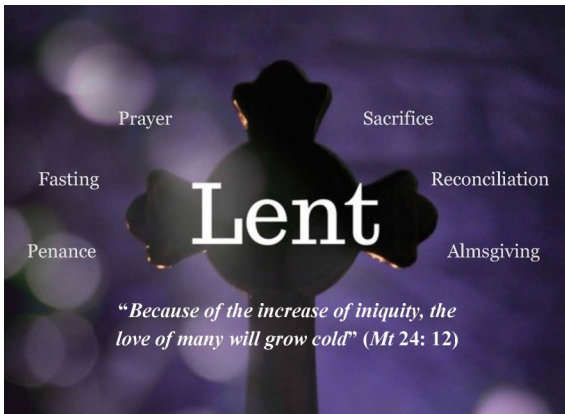
Galatians

1. ആത്മാവിൽ വിതയ്ക്കുന്നവൻ ആത്മാവിൽ നിന്ന് എന്താണ് കൊയ്യുന്നത്?
 2. എന്തിനെ അനുസരിച്ച് നടക്കുന്നവരാണ് ന്യായപ്രമാണത്തിൻ കീഴല്ലാത്തത്?
 3. പൗലോസ് യെരൂശലേമിലേക്ക് പോയപ്പോൾ കൂട്ടിക്കൊണ്ടുപോയ യവനനായ വ്യക്തി ആരായിരുന്നു?
 4. ദൈവം എന്തു മൂലമാണ് ജാതികളെ നീതീകരിക്കുന്നത്?
 5. ഹാഗാർ എന്ത് അറബി ദേശത്ത് എന്തിനെക്കുറിക്കുന്നു?
 6. പരിച്ഛേദനയുടെ അപ്പോസ്തോലൻ എന്നുപറഞ്ഞിരിക്കുന്നത് ആരെക്കുറിച്ചാണ്?
 7. നാം വിശ്വാസത്താൽ നീതീകരിക്കപ്പെടേണ്ടതിന് ക്രിസ്തുവിന്റെ അടുക്കലേക്ക് നടത്തുവാൻ നമുക്ക് ശിശുപാലകനായി ഭവിച്ചത് എന്താണ്?
 8. നമ്മുടെ ആരാധനാക്രമത്തിലെ 'പൗലോസ് ശ്ലീഹാ ഭാഗ്യവാൻ.....'എന്ന് തുടങ്ങുന്ന ഗീതം ഗലാത്യ ലേഖനം ഏത് അധ്യായം ഏതെല്ലാം വാക്യങ്ങളിൽ നിന്ന് എടുത്തിട്ടുള്ളതാണ്?
 9. എപ്രകാരമാണ് തനിക്ക് സുവിശേഷം ലഭിച്ചത് എന്നാണ് പൗലോസ് പറയുന്നത്?
 10. ആത്മാവിന്റെ ഫലങ്ങളെ കുറിച്ച് പറഞ്ഞിരിക്കുന്ന വേദഭാഗം ഏത്?
-
1. He who sows to the Spirit, what will he also reap from the Spirit?
 2. What do those who are not under the law obey?
 3. Who was the Greek who accompanied Paul to Jerusalem?
 4. On what basis does God justify the Gentiles?
 5. What does Hagar stands for in Arabian?
 6. Who is the apostle of the circumcision?
 7. What has become our guardian to bring us to Christ, that we might be justified by faith?
 8. The hymn in our liturgy that begins with 'Paulosu sleeha bhagyavaan.....' is taken from which chapter and verses of the Epistle to the Galatians?
 9. How does Paul say he received the gospel?
 10. Which passage of Scripture talks about the fruits of the Spirit?

Capital Improvement YTD Collection

Donor Name	Area Prayer Group	Amount (\$)
Jolly Eapen	Bronx/Yonkers South/West	\$1,100.00
Lenny Thomas	Bronx/Yonkers South/West	\$1,100.00
P. John Joseph	Bronx/Yonkers South/West	\$500.00
T.P. Jacob	Queens/Long Island	\$1,100.00
Biju Varughese	Rockland	\$350.00
John Abraham	Rockland	\$1,100.00
Sunil M. Varughese	Rockland	\$1,100.00
Ullas Thannickal	Rockland	\$1,100.00
Daniel Vaidyan	Upper Westchester/CT	\$1,100.00
Levan Thomas	Upper Westchester/CT	\$1,100.11
Pallickal Easo	Upper Westchester/CT	\$1,100.00
Jasmin Thomas	Yonkers East	\$1,100.00
John Jacob	Yonkers East	\$250.00
Abraham George	Yonkers North	\$1,100.00
Cheriyam Varughese	Yonkers North	\$200.00
Robin George	Yonkers North	\$550.00
Total		\$13,950.11

All families are requested to contribute \$1,100 for the upcoming Capital Improvement work. Please submit your contributions to the Trustees *via Check or Zelle to: stmctrustees@yahoo.com*



March Birthday

Bronx/Yonkers South/West

Mrs. Rachel Koshy	4 Gateway #2D	1
Mrs. Annamma Samuel	9 Woodlands Ave	12
Mr. Varghese Philip	16 Astor Place, #31N	14
Mrs. Susan Jacob	245 Rumsey Road apt 2L	15
Mrs. Molly Joseph	30 Post Street. Apt 5G	17
Mrs. Annamma John	67 Raybrook Road	20
Mr. Isaac John Mathew	80 Riverdale Ave, Apt #8K	25
Mr. Lenny Thomas	68 Linn Ave,	26

Manhattan/New Jersey

Mr. Lucien Thomas Varghese	1758 W 5th St	3
Mr. Jonathan Behanan Mathews	10 Freeman St	6
Mr. Samuel Ninan	707 Cottage Place	8
Mrs. Neena S. Philip	29 High Mountain Drive	20
Mr. Samuel Mathew	1419 Lozier Pl	23
Mrs. Blessy N. Varkey	39 Hickory Hill Ct	24
Mr. Jithin Samuel Easo	257 Bradley Ave.	29
Mr. Joseph Mathews	10 Freeman Street	29
Mr. Thomas Daniel Ninan	829 Derius Drive	30

Queens/Long Island

Mrs. Jibi Mary Raj	871 Abbott Street	6
Mr. Jayson T. Jacob	49 Gary Road	14
Mr. Ezra Simon Jacob	8356 249th Street	23
Mrs. Irene Babukutty	930 Tooker Ave	25
Ms. Rebecca Aley David	1480 Horseshoe Dr.	28
Mr. George David	1480 Horseshoe Dr.	29
Mr. Benjie Varghese	17 Wendell St	30

Rockland

Mrs. Shyni Joseph	9 Spray Court	2
Ms. Sara Ouseph	4 Arrow Lane	2
Mrs. Ancy Andrews	7 Oak Lane	3
Mr. Jomy Mathew	576 ROUTE 304	3
Ms. Laila Grace Philip	29 North Park Terrace	3
Ms. Anna Marie Jacob	306 Quidor Court	5
Mrs. Bibi Susan Abraham	8 Birret Drive	8

March Birthday

Mrs. Cecily Abraham	5 Allison Cir	9
Mrs. Libby Cherian	3 Stern Place	10
Mr. Andrew Jerry John	7 Oak Lane	10
Mr. Jacob Oommen	892 Route 9W	15
Mrs. Elsy Jube	21 South Cranford Road	16
Mr. Nathaniel Sujin Samuel	5 Spruce Drive	16
Mrs. Annamma Thannickal	22 N. Debaun Ave Suite 108	17
Mrs. Smitha Sara Zachariah	105 N Harrison Ave	17
Mr. George Byju Koshy	9 Dade Rd	20
Mr. K. M. Thomas	26 N De Baun Ave Unit 308	22
Mr. Lucas Jonathan Abraham	488 Strawtown Road	23
Mr. Deepak John Joseph	9 Spray Court	23
Mrs. Sosamma Varughese	24 Reginald Drive	25
Mr. Abey Cherian	27 Hemptor Rd	26
Mr. Joseph Koshy	86 Susan Drive	26
Mr. Ullas P. Thannickal	231 North Little Tor Road	29

Upper Westchester/CT

Mr. Benoy Kochumman	288 Fisher Ave	6
Asher Mathews	18 Bradhurst Ave	7
Mrs. Annu George Jacob	181 Weed Ave	9
Mr. John Daniel	39 Brookland Farms Road	12
Dr. Anila Marie George	11 Chimney Pot Lane	14
Dr. Varghese Thankachen	67 Sylvan Road	15
Ms. Johannah P. Parayil	59 Deer Hill Court	17
Mr. Lucas George Jacob	181 Weed Ave	18
Mrs. Soma John	39 Brookland Farms Road	22
Dr. Mathew J. Parayil	232 Carol Ave	24
Ms. Selah Ann Simon	99 Aspen Lane	24
Mr. Alex J. Vaidyan	131 Harvard Drive	29
Mrs. Aparna Mariam Thomas	4 Salk Dr	31

Yonkers East

Ms. Jenna Grace George	55 Patton Drive	13
Mrs. Merina Andrews	38 Eisenhower Drive	17
Ms. Johanna Pradeep	38 Eisenhower Drive	22
Mr. Pradeep Kuruvilla	38 Eisenhower Drive	24
Ms. Serah Robin	37 Montrose Road	24

March Birthday

Yonkers North

Mrs. Elizabeth George	1564 Nepperhan Avenue	1
Mr. Robin Abraham	23 Etville Avenue	4
Mr. Abraham Samuel Kankalil	377 N. Broadway, Apt. 208	8
Mr. Rylan John Libin	15 Bretton Road	9
Mrs. Liji Mathew	2 Nassau Rd Apt 1	26
Mr. K. C. Thomas	360 Edwards Place	29



March Wedding Anniversary

Queens/Long Island

Mr. T. P. Jacob & Mrs. Mary Jacob 1 Duke Drive	1
--	---

Upper Westchester/CT

Dr. Mathew J. Parayil & Dr. Cible Mathulla 232 Carol Ave	5
Mr. Daniel P. K. Vaidyan & Mrs. Sherly Vaidyan 131 Harvard Drive	6
Dr. Sam G. Cherian & Dr. Suja Abraham 288 Spring Rd.	15

Yonkers East

Dr. Santhosh M. Alex & Mrs. Juby Alex 23 Linda Lane	22
---	----

Yonkers North

Dr. Georgy Easow & Dr. Jijy Easow 55 Old Mill Rd	24
--	----

2025 Program and Sub-Committees

Event / Committee	Convener(s)	Date / Notes
✓ Organizational Retreat	Sunil M. Varughese	Sun, April 27th
✓ Graduation Recognition	Sajan Abraham	Sun, June 29th
✓ Organizational Picnic <i>(Senior Citizens, Edavaka Mission, Sevika Sangham)</i>	Organizational Representatives	Sat, August 16th <i>Ridge Road Park - Hartsdale, NY</i>
✓ Parish Picnic	Sunny P. Ninan, Varghese E. Oommen	Sat, August 30th <i>Haverstraw Bay Park</i>
✓ Parish Convention	John K. Abraham	Sep 18, 19, 20, 21
✓ Senior Citizens Recognition	George M. Varkey	October 5th
✓ Parish Retreat	T.P. Jacob	October 9, 10, 11
✓ Thanksgiving	Manoj Mathew Jishu Samuel	Sun, Nov 30th
✓ Christmas Carol Service	Shirley Thomas, Sean Thannickal, Shyju Varughese	Sat, Dec 20th
✓ Christmas House Caroling	Sunny P. Ninan	Dec 5, 6, 7, 12, 13, 14
Parish Day (2026)	Sunil M. Varughese	Sun, Mar 22
Food Committee	Thomas John (Sajan), John Abraham (Joe)	<i>Prayer Group and Organizations will be assigned monthly</i>
Ushers	K.C. Thomas, George M. Varkey, Aleyamma Varughese	—
Mission	Sean Thannickal, Shyju Varughese, Sajan Abraham	—
Audio Video	John Abraham (Joe)	—

Executive Committee 2025

Position	Name	Home Phone
Vicar / President	Rev. John Philip	(914) 450-3162
Vice President	Mr. John Abraham	(914) 772-8824
Secretary	Mr. Sunil M. Varughese	(845) 598-3994
Treasurer	Mr. Biju P. Varughese	(845) 596-0537
Accountant	Mr. Ullas P. Thannickal	(845) 300-5810
Lay Leader - Malayalam	Mr. M.J. George	(914) 924-7774
Lay Leader - English	Mr. Sean Thannickal	(845) 499-8976

AREA PRAYER GROUP REPRESENTATIVES

Manhattan/NJ	Mr. Uthup Varkey	(201) 637-5890
Queens/LI	Mr. T.P. Jacob	(516) 554-1809
Rockland	Mr. Varghese Oommen	(845) 300-8153
Rockland	Mr. Sunny P. Ninan	(845) 634-4925
Upper Westchester/CT	Mr. Manoj T. Mathew	(914) 229-1433
Yonkers East	Mrs. Jessy Kuruvilla	(914) 582-0710
Yonkers North	Mr. K.C. Thomas	(914) 374-7180
Yonkers West/South/Bronx	Mr. Thomas John	(914) 662-7535

MANDALAM & DIOCESAN REPRESENTATIVES

Sabha Mandalam	Mr. Cherian Varughese	(914) 316-2439
Diocesan Representatives	Mrs. Sherly Thomas	(914) 523-0535
	Mr. Levan G. Thomas	(917) 406-1149
	Mr. Samuel K. Samuel	(914) 693 8490

ORGANIZATIONAL REPRESENTATIVES

Choir	Mr. Joseph Oommen	(914) 343-4652
Edavaka Mission	Mr. John K. Abraham	(845) 309-2965
Senior Citizen Fellowship	Mr. George M. Varkey	(845) 641-4754
Sevika Sangham	Mrs. Aleyamma Varghese	(914) 572-9173
Sunday School	Mr. Sajan Abraham	(917) 304-2121
Youth Fellowship	Mr. Shyju Varughese	(845) 461-4421
Young Family Fellowship	Mr. John Abraham	(914) 772-8824
Yuvajana Sakhyam	Mr. Jishu Samuel	(914) 690-4868

AUDITORS

Mrs. Liza Abraham	(845) 641-1050
Mr. Jacob M. Varghese	(201) 384-0041

Executive Committee 2026

Position	Name	Home Phone
Vicar / President	Rev. John Philip	(914) 450-3162
Vice President	Mr. Thomas Oommen	(914) 552-6566
Secretary	Mr. John Abraham	(914) 772-8824
Treasurer	Mr. Ullas P. Thannickal	(845) 300-5810
Accountant	Mr. Sunil M. Varughese	(845) 598-3994
Lay Leader - Malayalam	Mr. Josen Joseph	(914) 907-1190
Lay Leader - English	Mr. Saju V. Mathew	(845) 671-1820

AREA PRAYER GROUP REPRESENTATIVES

Manhattan/NJ	<i>not elected</i>	
Queens/LI	Mr. T.P. Jacob	(516) 554-1809
Rockland	Mr. Varghese Oommen	(845) 300-8153
Rockland	Mr. Sabu Joseph	(914) 364-6241
Upper Westchester/CT	Dr. Geevarghese Kochumman	(914) 629-7341
Upper Westchester/CT	Mr. Thankachen Geevarghese	(914) 417-1273
Yonkers East	Mr. Jacob Vaidian	(917) 757-4077
Yonkers North	Mr. Cherian Varughese	(914) 316-2439
Yonkers West/South/Bronx	Mr. Thomas John	(914) 662-7535

MANDALAM & DIOCESAN REPRESENTATIVES

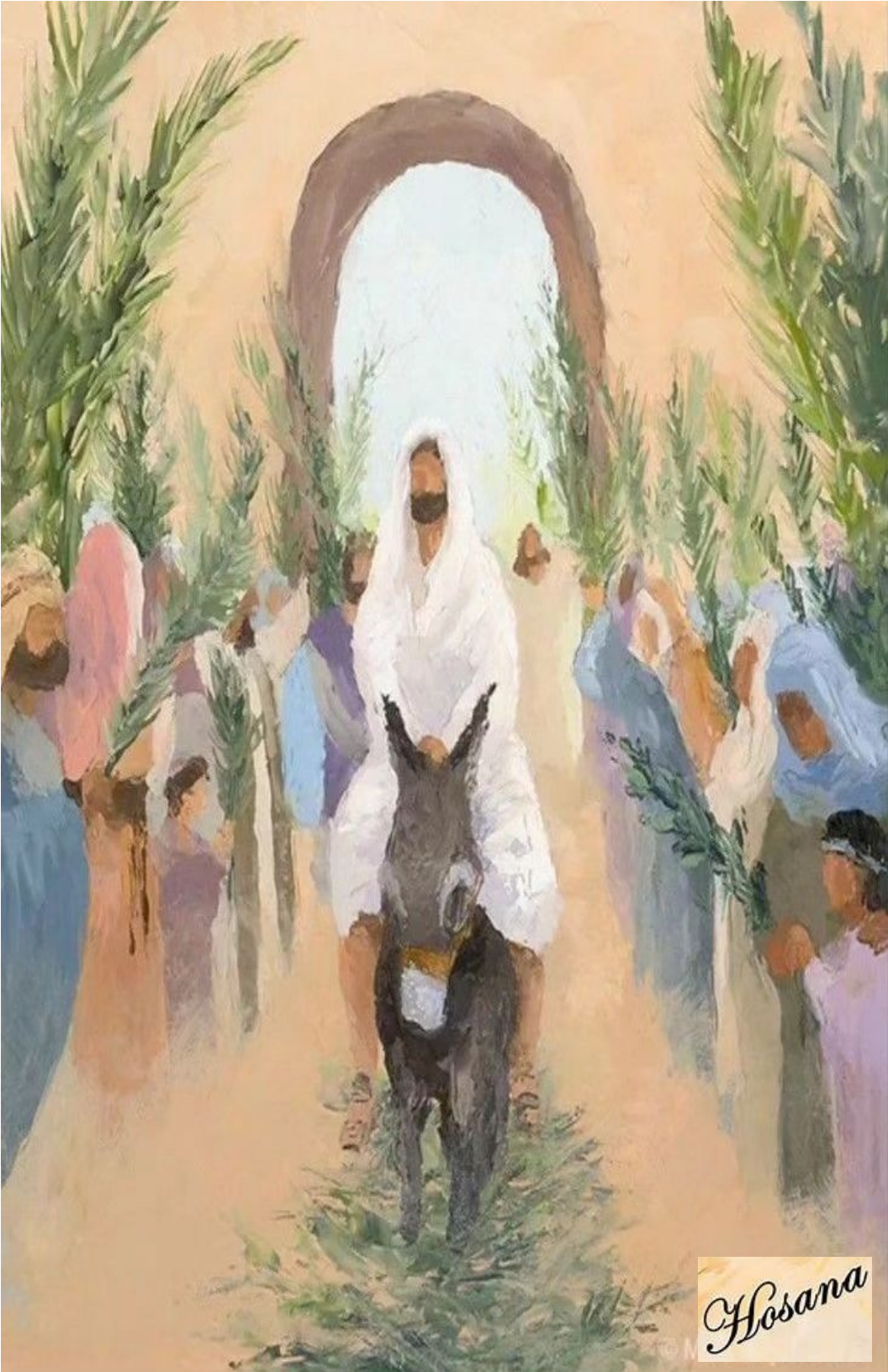
Sabha Mandalam	Mr. Biju P. Varughese	(845) 596-0537
Diocesan Representatives	Mr. P.T. Thomas	(845) 596-3030
	Mrs. Leena Daniel	(914) 441-8233

ORGANIZATIONAL REPRESENTATIVES

Choir	Mr. Danny Eapen	(914) 338-6708
Edavaka Mission	Mr. Thankachen Geevarghese	(914) 417-1273
Senior Citizen Fellowship	Mr. George M. Varkey	(845) 641-4754
Sevika Sangham	Mrs. Rachel Varghese	(914) 525-1178
Sunday School	Mr. Sajan Abraham	(917) 304-2121
Youth Fellowship	Mr. Shyju Varughese	(845) 461-4421
Young Family Fellowship	Mr. John Abraham	(914) 772-8824
Yuvajana Sakhyam	Mr. Manoj T. Mathew	(914) 229-1433

AUDITORS

Mr. M.C. Chacko	(845) 300-1762
Mr. Sunil M. Thomas	(973) 985-2812



Hosana

St Thomas Mar Thoma Church, NY
34 Morris Street
Yonkers, NY 10705

Lent .

A SEASON OF RENEWAL



STAMP!
THANK S FOR
PICKING UP
NEWSLETTERS.
YOU ARE
HELPING THE
CHURCH SAVE
EVERY PENNY
COUNTS.